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PRESIDENT'S MESSAGE

In February the IFT Student Association met for their annual Mid-Year Meeting at the IFT office in Chicago, IL.

A highlight of the meeting was an exercise in Appreciative Inquiry where the Board envisioned the IFT Student Association in the year 2020. The exercise allowed for creative, forward thinking regarding the future of our organization and its potential to be a highly valuable and indispensable membership organization. The number one idea was one that envisioned IFTSA having more humanitarian, volunteer and public service offerings available to its members by 2020. What are your thoughts? Let's see where the future leads us!

The IFTSA board also discussed the progress that's been made toward accomplishing this year's annual goals. Specifically, we have made great progress in the creation and implementation of our sponsorship plan, we have modified and improved the Chapter of the Year Competition rules, have re-structured and clarified the criteria and guidelines for the Excellence in Leadership Award, we have made progress in the planning of area meetings, we currently have two Webcasts in the works for the Spring and finally, thanks to the "Are you a Food Geek" campaign, we have succeeded in further promoting the value of IFT and the benefit it offers to all student members. Yet, there is still more to come! In the next few months we will continue to work toward improving the value of your membership experience. Hope to see you all in Anaheim!



Sincerely,
Patricia M. Aron
IFT Student Association President 2008-2009

CHAPTER LEADERS WORKSHOP

Attention Current & Incoming Food Science Club Presidents:

The IFTSA is proud to announce that new, incoming Food Science Club Presidents will once again have the opportunity to receive a \$500 travel grant to attend the 3rd Annual Chapter Leaders Workshop at the IFT Annual Meeting & Food Expo. As an incoming Food Science Club President, you have the vision, enthusiasm, and eagerness to lead your Club, you are excited about developing your leadership and professional skills, but you may also have questions or feel unclear about what to do first. If this sounds like you, you can NOT miss the Chapter Leaders Workshop at the IFT Annual Meeting and Food Expo, June 6-10, 2009, in Anaheim, CA.



The workshop will include:

- Strategies for being an effective Food Science Club President
- Opportunities to practice and develop your leadership skills
- A talk by keynote speaker Dr. Brian Farkas, Associate Department Chair of the Food Science Department at North Carolina State University
- Meeting an IFT President/Past-President
- Meeting with IFTSA Presidents and Past Presidents
- Meeting your Area Rep
- Networking with other Food Science Club Presidents in your Area and from around the country
- Interactive professional development and leadership exercises
- Information on how to get involved in IFT and IFTSA
- A relaxed, fun, active-learning environment
- A "Hitchhikers Guide" to the many opportunities available to you at the IFT Annual Meeting & Food Expo
- Social opportunities (we will be next door to Disneyland!!!)

For more information, please contact [Mark Corey](#) -- Chapter Leaders Workshop Facilitator, or your current Food Science Club President or IFTSA Area Rep.

Note: Please try to hold your Food Science Club elections as early as possible, since the IFT Annual Meeting & Food Expo is early, June 6-9, 2009.

I look forward to hearing from you!

Mark Corey
VP of IFT Relations

COMPETITIONS & AWARDS

Disney Product Development Competition: Nutritious Food for Kids

The Disney competition preliminary proposals were due on March 1st. Judges will review the proposals and 6 finalists will be selected to present their products at the 2009 IFT Annual Meeting and Food Expo in Anaheim, CA. Two winning teams will receive the grand prize of \$2,500, a Disney trophy and a VIP tour of Disneyland. In addition, one first place prize in the amount of \$1,250 and one second place prize in the amount of \$750 will be awarded. Any questions can be directed to Katie Robbins, ksrobb08@uga.edu.



Katie Robbins

Director: IFTSA & Disney Product Development Competition: Nutritious Food for Kids

Chapter of the Year: New Rule Changes

As thoughts of spring start crossing our minds, so do thoughts of the IFT Annual Meeting in Anaheim where we will unveil our 2009 Chapter of the Year! Applications are due to the

competition chair May 1st 2009. A few reminders for submitting this year's application:

- Applications are due to the director of the COYC May 1st.
- Each chapter must have a presentation by their Chapter's Champion.
- Remember to use the new application on the IFT website
<http://www.iftsa.org/competitions/coy/>
- All official chapter members on the application must be IFT members.

Six chapters will be selected as finalists in the 2009 competition by May 20th. Please email Jackie Koch, at kochx132@umn.edu, with any questions.

Jackie Koch
Director: Chapter of the Year Competition

College Bowl Competition

With the College Bowl Competitions occurring at your local area meeting this spring, I am pleased to welcome the 2009 participating College Bowl Teams! As a reminder to all IFTSA members, you do not have to compete in College Bowl to attend your area meeting. Your Area Representative has planned a full weekend filled with social activities and team building exercises. So don't miss out on all the fun and make a few friends while at it.

And don't forget to thank your Area Representative, hosting school, and/or hosting company for all their hard work! Thanks to all our teams and Good Luck!

2009 College Bowl Competition Details

South Central IFTSA Area Meeting

Meeting dates: April 2nd
Location: Frisco, Texas at the Embassy Suites Convention Center
Contact: Matthew Cael, mdcael@yahoo.com

Teams competing:
Kansas State University
Oklahoma State University
Texas A&M University
Texas Tech University
University of Arkansas
University of Missouri

Pacific West IFTSA Area Meeting

Meeting dates: April 10-11th
Location: Oregon State University (Wiegand Hall)
Contact: Andrea Bouma, boumaa@onid.orst.edu

Teams competing:
University of California – Davis
University of Idaho - Washington State University

North Central IFTSA Area Meeting

Meeting dates: April 4-5th
Location: University of Wisconsin - River Falls
Contact: Olivia Kunzman, liveyl@hotmail.com

Teams competing:

Midwest IFTSA Area Meeting

Meeting dates: April 4-5th
Location: Michigan State University, East Lansing, Michigan
Contact: Meghan Peltz,
peltzmeg@msu.edu

Teams competing:
Michigan State University
The Ohio State University
Purdue University
University of Illinois
University of Tennessee

North Atlantic IFTSA Area Meeting

Meeting dates: April 3-4th
Location: University Maine, Orono, Maine
Contact: Andrew Draganski,
dragansk@eden.rutgers.edu

Teams competing:
Cornell University
Pennsylvania State University
Rutgers University

Mountain West IFTSA Area Meeting

Meeting dates: March 20-21st
Location: Brigham Young University, Provo, Utah
Contact: Ryan Davies,

*Iowa State University
University of Minnesota
University of Nebraska
University of Wisconsin – Madison
University of Wisconsin - River Falls*

daviesry@gmail.com

Teams competing:

*Brigham Young University
California Polytechnic – Pomona
California Polytechnic - San Luis
Obispo
Chapman University
Utah State University*

Southeast IFTSA Area Meeting

Meeting dates: March 27-29th

Location: University of Florida, Gainesville, Florida

Contact: Laura Strawn, lkstrawn@ufl.edu

Teams competing:

*Alabama A&M University
Clemson University
Louisiana State University
University of Florida
University of Georgia*

Central Atlantic IFTSA Area Meeting

Meeting dates: April 4-5th

Location: University of Maryland, College Park, Maryland

Contact: Adam Croissant, aecroiss@ncsu.edu

Teams competing:

*Delaware Valley College
North Carolina State University
University of Delaware
University of Maryland*

*Rachel Crockett
Director: college Bowl Competition*

Undergraduate Research Paper Competition

The Undergraduate Research Paper Competition is a great opportunity for all IFTSA undergraduates who are participating in an independent research project. All IFT undergraduate student members, who have participated in original research, and have not graduated by July 1, 2008, are eligible to enter the competition.

All participants should submit a letter of intent to enter, an abstract describing the research (500 words or less), and a verification letter from your University Food Science Department Head.

Six finalists will be chosen to orally present their research at the 2009 IFT Annual Meeting. Each finalist will be given a \$300 travel award. In addition, the top three finalists will be awarded prizes of \$500, \$350, and \$250 at the Annual Meeting.

March 1: Was last day to submit intent-to-enter.
March 15: Abstracts were due.
May 8: Finalists will be notified.
Annual Meeting: Oral presentation.

If you have any questions, please contact Reshani Senevirathne at rsenev1@lsu.edu.

*Reshani Senevirathne
Director: Undergraduate Research Paper Competition*

Excellence in Leadership Award

It's that time again! IFTSA is collecting nominations for the 2009 Excellence in Leadership Award, sponsored by



Campbell's. The Excellence in Leadership Award recognizes those students that have demonstrated exemplary service and leadership within their student chapter, community and IFT.

Each school may nominate two students, one undergraduate and one graduate and there will be a first place award of \$1000 given to the top student in each of those categories. A panel of judges from Campbell's Soup Company will determine the winners.

Nominations are due by April 1, 2009 and the winners will be notified by May 1st. You may access the award information and nomination form at the following link:

<http://www.iftsa.org/competitions/ela/>.

Direct any questions regarding the Excellence in Leadership Award to Jennifer Willig, IFTSA Vice President of Membership Experiences, at willig.2@osu.edu or Kristen Flesch, IFT Strategic Initiatives Program Manager, at kflesch@ift.org.

Jennifer Willig
VP of Membership Experiences

FUN RUN

Are you

- **A past IFT Foundation scholarship recipient?**
- **Planning to apply for an IFT Foundation scholarship next year?**

Support the IFT Foundation and register for the Fun Run now! California is home to delicious cuisine and beautiful weather. Please join us Monday morning, June 8th, for a 5K run or 1 mile walk in sunny California!

Register early and save. Online registration: \$15, onsite registration: \$30.

Here are some perks for you:

- Free t-shirt and goodie bags
- Chance to win a Canon digital camera for the individual top fundraiser
- Participate in team competitions! Win prizes for team with best costume, most participants, and most sponsorship dollars.
- Plaques for fastest runner in each gender and age category
- Get Chapter of the Year points for your participation

Last year's Fun Run was an outstanding success. Winners were awarded with plaques and an iPod Touch. Now it's your turn to participate and win! You can also support the Fun Run by contributing as an "I Slept in for the Fun Run" donor for \$30.



We would like to thank our corporate and division sponsors:

Platinum: General Mills, Kraft, Michael Foods
Gold: David Michael & Co.
Silver: PepsiCo, Chicago Section
Bronze: Southern California Section, Yum, GNT, McCormick, IFT Food Service Division, IFT Food Engineering Division, and Great Lakes Section

We are currently accepting volunteers for the event. If you are interested, contact Melvany Kasih at mak333@cornell.edu.

Melvany Kasih

Co-Director: Fun Run

AREA HAPPENINGS



South East

Alabama A&M University:

We are pleased to report to the IFT/IFTSA that its Alabama A&M University (AAMU) chapter is alive and kicking. The fall semester saw the club organizing outreach programs with the Angel Tree program, where we adopted children for the Christmas season. Three fundraising activities were carried out and a graduation reception and Christmas party were organized for our students.



We had 15 students graduate during our December commencement. We also played host to food companies like Cargill, Kellogg's and Unilever. A number of our club members have been offered internship positions in these companies for the summer.



We started off the spring semester with a pizza sale, which yielded enormous financial profit for our club. Club T-shirt sales have also been of great benefit to our chapter. We are organizing another fundraiser where we will provide and serve lunch during the Department of Food and Animal Sciences open house. The executive committee and advisors of the AAMU chapter of IFTSA are committed to making the chapter financially stable. The club is helping the Department in its recruitment activities. Students volunteered for the Department's open house, as well as the School of Agricultural and Environmental Sciences - Science Exploration Day and freshmen open house. The Food Science Club aims to educate its member about the science of food. In view of this, we looked at the science behind wine making during one of our club meetings. We have organized programs in honor of African America Food Scientists during Black History month (February).

The club also paid a visit to the Coca Cola museum in Atlanta.



About 58 club members were in attendance during the IFT South Eastern Section meeting (Supplier's Night). In addition, over 25 abstracts were submitted and have been accepted for presentation during the Annual IFT meeting in Anaheim in June. Our IFTSA (AAMU chapter) college bowl team will be travelling to Gainesville, Florida to compete in the Southeastern college bowl competition on March 28th. The club will also be hosting a picnic as part of the activities during the School of Agricultural and Environmental Sciences week. At the end of the spring semester we will have a reception in honor of our graduating students.

Our members have also been servant leaders in other areas of IFT. Our junior club advisor currently serves as the treasurer of the IFT South Eastern Section. A member of our chapter holds the position of student representative to the IFT South Eastern Section executive committee. Recently our chapter president won the IFTSA Chapter President's challenge. The club president is David Asiamah (graduate student), the club advisors are Dr. M Verghese (senior advisor and currently also serving as Department Chair) and Dr. J. Herring (junior advisor). We will be holding elections for the new executive committee (2009-2010) in April.



The club has seen a lot of success over the past year and is poised to enjoy more fruitful years ahead. With the support of the faculty and staff the sky is the limit. We can and will advance the science of food.

- *David Asiamah*

Louisiana State University:

The LSU Food Science Club has been very busy with lots of meetings, events, and fun times. Last semester we volunteered at several science fairs introducing high school and middle school students to food science. This semester already we had an amazing Chinese New Year Party where all our Chinese students made over 300 delicious dumplings! We just had our annual Mardi Gras meeting which included lots of traditional Mardi Gras King Cake! In the next couple months we will be selling ice cream at a Chili Cook-off and we will be helping cook jambalaya at another event. Meeting attendance and membership have been the highest in 3 years. We are all looking forward to College Bowl and the IFT Annual Meeting. Things are great at LSU!

- *Lauren Cook*

University of Florida:

The Food Science and Human Nutrition Club at the University of Florida has been keeping very busy this semester! So far, there have been two phenomenal guest speakers – a sports nutritionist from the University Athletic Association and a registered dietician from a local fitness center. We held a Valentine's Day joint department and club social that had gallons of delicious homemade ice cream!

Our members have participated in FL Section IFT events by attending the Whole Foods meeting

with a lecture on organics and volunteering at the Golf Outing and Suppliers Expo. The next meeting will be Student Recognition Night, where we will showcase the club and department's best students by awarding scholarships!

There have been numerous philanthropic activities to help support the American Heart Association and the community. The club fundraised and participated in the American Heart Association Wear Red Day and also volunteered at both the Heart Walk and Heart Ball. All proceeds are going towards heart disease research. In addition, our members have cooked and served a healthy breakfast to the Ronald McDonald house and performed nutrition presentations to local high school students.

We are especially looking forward to March since we have many exciting opportunities and events! Since it is National Nutrition Month, our members will be tabling on campus and presenting nutrition education to dorms and local schools. Some topics include Fact or Fiction trivia about nutrition, fruit and vegetable trays and water to promote eating right, giving tips on how to easily prepare healthy food in a dorm setting, and teaching the MyPyramid. Currently, our members are fundraising and will participate in the March of Dimes at the end of March. One of our largest projects is creating a cookbook consisting of homemade recipes from our members and department. We hope to see some of these delicious meals at our joint Department and Club Social at Lake Wauburg in April that will consist of a potluck, barbeque, and numerous outdoor activities!

And of course, College Bowl and the Southeast Area meeting are coming up very soon and we hope it will be an enjoyable experience for all participants! We look forward to meeting everyone!
- *Sonia Hudson*

Laura Strawn
Southeast Area Representative

WIN IFT FOOD LAWS AND REGULATIONS DIVISION AWARD!

In order to encourage active interest and participation from students in the area of food laws and regulations, the IFT FLRD is sponsoring three student awards to be distributed at the IFT Food Laws and Regulation Division luncheon. Each award will provide \$500 for the student to attend the 2009 IFT meeting in Anaheim, CA.

In addition, the Food Laws and Regulations Division will be providing ten tickets to attend the Food Laws and Regulations Division luncheon to be held during the 2009 IFT Annual Meeting. All students with an interest in the field of food laws and regulations are encouraged to apply. Each application will be evaluated on merit and interest in food laws and regulations as well as their degree of involvement in a food science organization. Please visit <http://www.iftsa.org/2009FLRD%20award.pdf> for more details.

Hudaa Neetoo
IFT FLRD Student Representative