



**PRESIDENT'S MESSAGE**

Following a very successful IFTSA Mid-Year Meeting last February, the 3 IFTSA Presidents and Incoming President-Elect met in Chicago in April to develop the 2009-2010 Annual Plan.

IFTSA has also now concluded the 2009 elections and appointments. In addition we are excited to announce the appointment of a new Industry Advisor, Lauren Shimek from Ideo. We hope you can help us give Lauren an official welcome at the Annual meeting and Food Expo in Anaheim this June!

All 8 Area Meetings and regional College Bowl Competitions have taken place and finalists for the IFTSA competitions have been selected. Congratulations to this year's finalists for the College Bowl, Chapter of the Year, Product Development, Undergraduate Research Paper and the two new competitions, Developing Solutions for Developing Countries and Disney-IFTSA Product Development Competition: Nutritious Food for Kids!



See you in Anaheim!  
*Sincerely, Patricia M. Aron*  
*IFT Student Association President 2008-2009*

**2009 -2010 IFTSA Officers**

The IFTSA is pleased to introduce their incoming volunteer leaders for 2009-2010.

**Board of Directors**

Position	Name	University
President	Kelsey Ryan	North Carolina State University
President-Elect	Andrea Bouma	Oregon State University
Past President	Patricia Aron	Oregon State University
North Central Area Representative	Bailey Harris	University of Nebraska, Lincoln
North Atlantic Area Representative	Aaron Uesugi	Cornell University
Central Atlantic Representative	Molly Brannock	North Carolina State University
Midwest Area Representative	Lynn Wischmeyer	Ohio State University
Southeast Area Representative	David Asiamah	Alabama A&M University
South Central Area Representative	Chris Duncan	Texas A&M University
Pacific West Area Representative	Linda Wechsler	Oregon State University
Mountain West Area Representative	Will Baird	Utah State University
VP of Finance	Jen Willig	UK or Mississippi
VP of Membership Experiences	Laura Strawn	Cornell University
VP of Competitions	Katie Robbins	University of Georgia
VP of IFT Relations	Matt Cael	Texas Tech.

VP of Development and Communications	Stelios Viazis	University of Minnesota
<b>Advisor</b>	Lauren Shimek	Ideo
<b>IFT Staff Liaison</b>	Kristen Flesch	Institute of Food Technologists

#### **Directors**

Fun Run Co-Chair	Leann Barden	North Carolina State University
Fun Run Co-Chair	Kitiya Vongkamjan	Cornell University
Chapter of the Year	Bridget McClatchey	University of Minnesota
College Bowl	Helen Melito	North Carolina State University
Product Development	Jackie Koch	University of Minnesota
Undergraduate Paper	Agnes Lim	Penn State University
Developing Solutions for Developing Countries	Hudaa Neetoo	University of Delaware

#### **IFT STUDENT WEBCAST:**

##### **“Present Yourself Professionally at the IFT Annual Meeting... and Beyond”**

1. Are you a Student?
2. Are you planning to attend the 2009 IFT Annual Meeting?
3. Are you working on your resume or hoping to network to find a job?
4. Are you presenting your research (orally or via poster) at the 2009 AMFE?

If you answered **yes** to any of the above questions, then you will NOT want to miss IFT’s webcast, designed specifically for students and **FREE** to you!

Join Beverly Waters, Frito-Lay’s R&D Talent Acquisition Manger, and John Rupnow, professor of food science and technology at the University of Nebraska-Lincoln, as they discuss how to present yourself like a professional. Learn the do’s and don’ts when preparing your resume, networking with food professionals, giving an oral presentation or presenting your research via poster. These tools will be invaluable to your job search and future career in the food profession... you won’t want to miss out!

The webcast will be held **Thursday, May 28, 2009, from 12:00 – 1:30PM (central)**. If you would like to participate, **please register by May 26, here**.

#### **CHAPTER LEADERS WORKSHOP**

The IFTSA is proud to announce that new, incoming Food Science Club Presidents will once again have the opportunity to receive a \$500 travel grant to attend the 3rd Annual Chapter Leaders Workshop at the IFT Annual Meeting & Food Expo. As an incoming Food Science Club President, you have the vision, enthusiasm, and eagerness to lead your Club, you are excited about developing your leadership and professional skills, but you may also have questions or feel unclear about what to do first. If this sounds like you, you can NOT miss the Chapter Leaders Workshop at the IFT Annual Meeting and Food Expo, June 6-10, 2009, in Anaheim, CA.

The workshop will include:

- Strategies for being an effective Food Science Club President
- Opportunities to develop your leadership skills
- Keynote speaker, Dr. Brian Farkas, Associate Department Chair of the Food Science Department at North Carolina State University
- Meeting IFT President-Elect Bob Gravani
- Meeting with IFTSA Presidents and Past-President
- Meeting your Area Representative

- Networking with other Food Science Club Presidents in your area and from around the country
- Interactive professional development and leadership exercises
- How to be involved in IFT and IFTSA
- A relaxed, fun, active-learning environment
- A "Hitchhikers Guide" to the many opportunities available to you at the IFT Annual Meeting & Food Expo
- Social opportunities (we will be located next door to Disneyland!!!)

For more information, please contact Mark Corey ([mcorey@uga.edu](mailto:mcorey@uga.edu)), Chapter Leaders Workshop Facilitator, or your current Food Science Club President or IFTSA Area Rep.

*Mark Corey*  
*VP of IFT Relations*

## **COMPETITIONS & AWARDS**

### **Developing Solutions for Developing Countries**

The first annual DSDC competition held its preliminary competition this past April. Six finalists were selected from the submitted 5-page proposals. The theme this year is "Using food science and technology to solve health-based issues." Wide-ranging ideas were proposed--specific food products, microbial and safety methods, and new processing technologies--spotlighting health emergencies across the globe.

Participation was more than we ever could have hoped for in our first year! We received 16 entries from all over the globe, (China, Columbia, Indonesia, Italy, Lebanon, Mexico, Netherlands, and South Africa) and 16 entries from the US/Canada. The judges had a difficult decision (scores were close!). Teams in the finals will submit a more extensive proposal in May for the judges to evaluate and then present at the annual meeting in Anaheim on Monday, June 8 from 9am-12pm. We hope to see you there! Please join me in congratulating the finalists:

#### **International:**

Bogor Ag. University, Indonesia  
 University of Pretoria, South Africa  
 Wageningen University, Netherlands

#### **U.S./Canada:**

Cornell University  
 University of Minnesota  
 Washington State/University of Idaho

*Andrea Krause*  
*Director of DSDC Competition*

### **Disney- IFTSA Product Development Competition: Nutritious Food for Kids**

Congratulations to the Disney-IFTSA Product Development Competition Finalists! The following teams were selected from all entries to present their final product proposals in Anaheim:

- UC Davis with Winnie the Pooh's Hunny Clusters
- Kansas State University with Peelables
- University of Minnesota with Mighty Mickeys
- North Carolina State University with Squeezies
- Ohio State University with Buzz Lightyear's Star Command Snacks
- University of Wisconsin-Madison with Mickioli

Please come out and support the finalists as they give their oral presentations on Monday, June 8, 2009 from 2:30 pm – 5:00 pm. Two grand prize winners will be selected (one undergraduate and one graduate team) to be awarded a \$2,500 check, a Disney trophy, and a VIP tour of Disneyland Park. First and second prizes will also be given out.

*Katie Robbins*  
*Director of Disney Competition*

### **College Bowl**

Congratulations to all teams that participated in this year College Bowl Competition! You not only dedicated your time to practicing and studying outside of classes, but many of you gave up your weekend to travel to the Area Meeting. This not only reflects well for your universities but also IFTSA.

This competition could never come together without the hard work of our Area Representatives. They not only set up, run, and tear down the competition, they extend themselves and their facilities as gracious hosts for this event by providing meals and outside activities to the out-of-state travelers. If you have not done so, be sure to thank your Area Representative and their planning committee for all of their hard work.

As you all may be wondering, I am now proud to introduce the eight teams that will represent their regions in the National College Bowl Competition held this summer at the IFT Annual Meeting in Anaheim California. They are:

Central Atlantic - North Carolina State University  
Midwest - Purdue University  
Mountain West - Chapman University  
North Atlantic - Cornell University  
North Central - Iowa State University  
Pacific West - Washington state/University of Idaho  
South Central - Texas A&M University  
South East - University of Georgia

Congratulations to you all and I look forward to meeting you all at the National Competition this summer. Again thank you all for your hard work and dedication to this event!

*Rachel Crockett*  
*Director of College Bowl Competition*

### **Chapter of the Year**

The Chapter of the Year award honors one university student organization for exceptional participation, strong leadership, community outreach and providing opportunities that utilize the talents of all their members. Awards are sponsored by General Mills, and the winning chapter receives a plaque and a monetary award of \$1000. Second and third place winners will receive \$500 and \$250, respectively, along with certificates. In addition, there is also a "Most Improved Chapter" award and \$150 will be given. Winners are announced Monday evening at the Welcome Assembly.

Finalists for this year's competition include:

Louisiana State University  
North Carolina State University  
Rutgers University  
University of California - Davis  
University of Minnesota  
University of Nebraska - Lincoln

Thank you for being patient with the rule changes for this year's competition. Suggestions for further improvement would be welcomed and appreciated.

*Jackie Koch*  
*Director: Chapter of the Year Competition*

## FUN RUN

The Fun Run committee and IFT Foundation are excited to once again hold the annual IFTSA Fun Run! If you are a past IFT Foundation scholarship recipient or planning to apply for one next year, then this is your chance to contribute to the foundation!

California is home of delicious cuisine and beautiful weather. Bring your friends and join us on Monday morning, June 8, 2009 for a 5K run or 3.1 mile walk in sunny California.

It's not too late to register. If you have registered for the IFT Annual meeting, you can go to [https://www.compusystems.com/servlet/ar?evt\\_uid=805](https://www.compusystems.com/servlet/ar?evt_uid=805) and choose "purchase tickets only". Register now and save 50%! Online registration is \$15/person; onsite registration is \$30/person.



We realize waking up in the morning might be a challenge for some of you... so we provide some perks:

- Free t-shirts and goodie bags
- Chance to win a Canon digital camera for the top individual fundraiser
- Plaques for top three male and female runners
- College Chapter of the Year points for your participation
- Certificates for the team with best costume, most participants, or most sponsorship dollars

So far we have 9 teams registered and a total of over 200 participants. You would not want to miss this exciting event! Thanks to the teams that have registered:

- \*Cornell Food Fighters
- \* Food Science Club at UMD
- \*Del Monte Foods
- \*Alabama A & M University
- \*Rutgers Running Knights
- \*UC Davis Food Science Club
- \*LSU Food Science Club
- \*Ohio State Food Science Club
- \*CIAD

Last year's Fun Run was an outstanding success. Winners were awarded with plaques and the top fundraiser was awarded an iTouch. Here are the 2008 winners:

- Best costume: UC Davis Happy Cows
- Most participants: The Cornell Food Fighters
- Top Fundraiser: Bruce Ferree of California Natural Products

Now it's your turn to participate and win! You can also support the Fun Run by contributing as an "I Slept In for the Fun Run" donor for \$30.

We would like to thank our corporate, section and division 2009 sponsors:



- Platinum: General Mills, Kraft, Michael Foods
- Gold: David Michael & Co., Solae
- Silver: PepsiCo, Chicago Section
- Bronze: Southern California Section, Yum, GNT, McCormick, IFT FoodService Division, IFT Food Engineering Division, Great Lakes Section, Northern California Section IFT, IFT Food Laws & Regulations Division

If you are interested to be Fun Run volunteer, please contact Melvany Kasih at [mak333@cornell.edu](mailto:mak333@cornell.edu). I look forward to seeing you in sunny California!

*Melvany Kasih*  
2009 Fun Run Director

## AREA HAPPENINGS



### Central Atlantic News

**Maryland** - This past November, equipped with hot chocolate, we provided club members with the exciting opportunity to temper chocolate and make their own chocolate truffles in over 10 varieties and shapes! Ana Aguado, our very own graduate student, is a pastry chef and led the activity teaching students about chocolate and chocolate tempering.

With Ana's help the club put together a fundraiser where we made and sold an assortment of gourmet holiday cookies consisting of ginger snap, chocolate crackle cookie, sugar cookies half dipped in chocolate, and butter cookies with a strawberry center. These holiday cookies were sold by the dozen to faculty and staff of the College of Agriculture and Natural Resources. We ended up baking almost 800 cookies!

We kicked off the first meeting of the Spring semester with a Club Potluck & Social. Members showed off their culinary skills and introduced us to a range of international foods. Jalapeno cornbread, coke chicken, beef biryani, spaghetti pie, grilled pork and shrimp spring rolls, and shahi rasgulla were just a few of the phenomenal dishes presented. We are looking forward to a great semester full of great speakers, interesting activities, and volunteering.

We had the privilege of hosting this year's IFTSA Area Meeting and College Bowl and we can assure our food science student members some more fun events are on the way.  
Go Terps!

**Virginia Tech** - The club held several successful fundraisers for the year and as shown by the pictures, had a great time in the process. Who can resist beef jerky or a can of love for your sweetie on Valentine's Day?



**Delaware Valley** – This year, our club discovered a newfound interest in IFTSA. As an atypical Food Science program, our program includes a focus on foodservice as well. We are excited to become further involved in IFT/IFTSA and look forward to great opportunities to come. As you can see from the chef gear, we LOVE to cook! We had the opportunity to cater our college’s homecoming and performed several kitchen experiments throughout the community.



**NC State** - A major reason for the opportunities afforded the students of the NCSU FS club is our annual ice cream fundraiser during the State Fair. Not only does this event allow our club to partially fund students to attend the IFT Annual Meeting, in addition to all the other activities that we plan, but this year introduced 2 unique ways to enrich the future of our department. Not only did the club start its own scholarship endowment but we were able to contribute to an endowment created to honor Dr. Lynn and Beth Turner. They have been a staple of our department and all student clubs within the College of Ag and Life Sciences, not just Food Science. Even though his “retirement” doesn’t seem to have taken hold just yet, he will be missed!



Each year, the club plays a large role in the NC Science Olympiad. Sharon Ramsey, a staff member of our department, coordinates the food science program for the entire state. This year's focus was on product development. In addition to a written test, each food science team was challenged to produce their own cookies, complete with a lab notebook tracking their experiments, nutrition labels, and complete packaging—we now advise not to use spray paint on the outside of baked goods. Our students traveled all over the state to set up experiments and testing materials, taste and rate cookies and packaging, and clean up. This was an all-day task and some of us have surely had our fill of cookies for at least a couple months...weeks...well, at least a couple days. All in all, NC Science Olympiad involved nearly 400 teams and more than 7000 children!



**College bowl** - The 2009 Central Atlantic college bowl was hosted by the University of Maryland. I believe the unanimous consent is that Maryland did a fantastic job planning for a great weekend. NC State emerged victorious but fun was had by all. The weekend included an internationally-themed dinner followed by a couple hours of pool and bowling at the student center. Following the competition, students spent a few hours sight-seeing in Washington, DC. A restaurant crawl in DC's Gallery Place region, including 4 restaurants, was the focus of Saturday evening. Nothing beats tasty food and drink with friends to cap off a great weekend!



*Adam Croissant  
Central Atlantic Area Representative*

### North Central News

I would like to congratulate the Iowa State University for being a 2009 finalist in the Product Development Competition and Quiz Bowl Competition, the University of Minnesota for being a 2009 finalist in the Product Development Competition, Developing Solutions for Developing Countries Competition and Disney Product Development Competition. I would also like to congratulate the University of Wisconsin-Madison for being a finalist in the Disney Product Development Competition.



Good luck to all of you in Anaheim at the Annual IFT Meeting!

The Spring semester has been another busy one for the Food Science Club at the University of Nebraska-Lincoln. We had speakers at our monthly meetings from our very own Food Processing Center, the University's Career Services (to learn about resume writing and job interviewing), and Schriber Foods. Members of our club have continued to volunteer twice a month to deliver meals on wheels. The Quiz Bowl team was busy preparing for the regional competition at the North Central Area Meeting in River Falls, WI. Unfortunately, we fell short but would like to wish Iowa State the best of luck at the Annual Meeting. The Product Development team has been busy preparing an innovative product for the Danisco Competition. Our club had a team participate in UNL's Relay for Life and our intramural softball team, Ragin' Pathogens, will be competing for the championship next week.

*-Olivia Kunzman, UNL Food Science Club President*

As this year comes to a close, the University of Minnesota Food Science and Nutrition Club is proud of our accomplishments. We've had numerous guest speakers, visiting companies, social activities, fundraising efforts, and community service events. One of the most noteworthy events was the establishment of a food industry tour, where 24 students visited General Mills headquarters, Bellisio, and ConAgra! The club also completed over 200 community service hours! In addition, U of MN had General Mills, Frito-Lay, Land O' Lakes, TIC-Gums, Hormel, Schwans, a speaker on networking, and a speaker on the business of product development visit and speak to our club.

The club is also happy to announce advancement of three teams to the final round of competition at the IFT Annual Meeting. The Product Development Team, Developing Solutions for Developing Countries, and the Disney Product Development Team all will compete for 1st place in Anaheim. There will be around 25 students from the University of Minnesota attending the IFT Annual Meeting for competitions and research presentations, which is a record number for us, good luck to all!

*-Jackie Koch, University of Minnesota Food Science & Nutrition Club President*

*Olivia Kunzman  
North Central Area Representative*

### **South Central News**

The South Central Area of the IFTSA hosted their annual college bowl competition this year in conjunction with the Longhorn IFT Supplier's Night. Teams from Texas Tech University, Texas A&M, Kansas State, the University of Missouri, and Oklahoma State competed. The winning team from Texas A&M consisted of Jorge Cardona, Alex Brandt, Chris Duncan, Hunter Couch, Lisbeth Rives, Kimberly Krenek.

Students also attended the annual Supplier's Night expo; here they gained knowledge and had the chance to network with industry professionals from around the area. Thank you to Hank Dres, all of the judges, Dr. Jaime Reeves, Dr. Ardeshir Mistry, Dr. Clay King, and Dr. Marcia Walker, and the moderator, Mary Whetstine, for your help in creating a successful event.

*Matthew Cael  
South Central Area Representative*

### **Pacific West News**

The 2009 Pacific West Area Meeting was held at Oregon State University in Corvallis, OR. The event included a welcome dinner, OSU pilot plant tour, industry tour at Oregon Freeze Dry, deviled egg making/eating contest, the regional college bowl competition and a networking farewell banquet. Dr.

Roger Clemens from USC, Jo Ellen Wayne of Oregon Fruit Products, and Pam Vaillancourt of RQA, Inc. volunteered to judge the competition. Ellen Bradley of Freelance Food Technologist also volunteered her time to participate as moderator.



The teams that competed in the regional college bowl competition were: UC Davis, Oregon State University and Washington State/University of Idaho. All of the studying that each team put in gave way to quite the entertaining display of random foodie knowledge. The audience was full of cheering fans and the energy shook Wiegand Hall that afternoon. In the end, the Washington State/University of Idaho team went undefeated and will be traveling to Anaheim to compete at the national level. Go Cou-dals!! (Or is it Van-gars?!)

Following the competition, a farewell banquet was held at Bombs Away Cafe. there was a live jazz trio, delicious food, and fun trivia games hosted by our judges and moderator. In the end, the area meeting was a success and could not have been possible without the support of our sponsors.

Sponsors of the event were: Arico Natural Foods, Beaver Foods, Bell Flavors, Biologic Resources, Kettle Chips, Lochmead Dairy, NORPAC Foods, Oregon Section IFT, Oregon Spice, OSU Dept. of Food Science & Technology, Oregon Freeze Dry, Puget Sound IFT, Reser's Fine Foods, Springfield Creamery, Tazo Tea, Turtle Mountain, and Willamette Egg.

*Andrea Bouma  
Pacific West Area Representative*

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**INTERNATIONAL FOOD LAW DISTANCE EDUCATION CERTIFICATE PROGRAM  
Winner of the ADEC Excellence Award in College and University Distance Education:**

Applications are being accepted for the nine (9) three-credit courses available in the fall semester, starting August 31, 2009, or spring semester, starting January 11, 2010, and lasting 12-15 weeks. The program will include an overview course in International Food Laws & Regulations, five regional courses covering Food Regulation in the United States, European Union, Latin America, Canada and Asia, and courses covering the three sisters organizations of Codex Alimentarius (the Food Code), OIE (World Organisation for Animal Health) and IPPC (International Plant Protection Convention), taught by an international network of experts in food regulation through the Institute for Food Laws & Regulations at Michigan State University.

Contact Course Manager Mary Anne Verleger for easy enrollment through the Lifelong Education Program at [IFLR@msu.edu](mailto:IFLR@msu.edu) or (517) 355-8295, <http://www.iflr.msu.edu>. No books are required – all course materials and recommended links provided online. Transcript submission is not required through the MSU Lifelong Education Program.

Mary Anne Verleger, Course Manager  
Neal D. Fortin, Director and Associate Professor

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